

Females with Autism Spectrum Disorder – Resources

Books

- Queen bees and Wannabees by Rosalind Wiseman
- Quiet: The Power of Introverts in a World that Can't Stop Talking by Susan Cain
- Safety Skills for Asperger Women – How to Save a Perfectly Good Female Life by Dr. Liane Holliday Willey
- Pretending to Be Normal – Living with Asperger Syndrome by Dr. Liane Holliday Willey
- The Asperkid's Secret Book of Social Rules – The Handbook of Not-So-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome by Jennifer Cook O'Toole (for girls or boys)
- Aspergirls – Empowering Females with Asperger Syndrome by Rudy Simone
- Asperger's and Girls – featuring Tony Attwood, Temple Grandin, Teresa Bolick, Catherine Faherty, Lisa Iland, Jennifer McIlwee Myers, Ruth Snyder, Sheila Wagner and Mary Wrobel
- Parenting Girls on the Autism Spectrum: Overcoming the Challenges and Celebrating the Gifts by Eileen Riley-Hall
- The Girl With The Curly Hair – Asperger's and Me by Alis Rowe (2013)
- The Independent Woman's Handbook for Super Safe Living on the Autistic Spectrum by Robyn Steward (2013)

Websites

- Autismempowerment.org
 - Resources dedicated to females with ASD and links to online support groups for women: <https://www.autismempowerment.org/resource-center/resources-for-females-on-the-autism-spectrum/>
 - Archived special guest radio talks, including talks by authors and self-advocates Dr. Liane Holliday Willey and Jennifer Cook O'Toole
- www.autismsocietyofindiana.org/
 - <http://www.autismsocietyofindiana.org/puberty-resources-girls-young-women-autism/> (links to a variety of resources for supporting females during puberty)

Handouts

- “Flying under the Radar”: Handout for school personnel on supporting girls with ASD in schools <http://www.nasen.org.uk/resources/resources.girls-and-autism-flying-under-the-radar.html>
- Vanderbilt Healthy Bodies Curriculum for Girls (English): <https://vkc.mc.vanderbilt.edu/healthybodies/girls.html>
- Vanderbilt Healthy Bodies Curriculum for Girls (Spanish): <https://vkc.mc.vanderbilt.edu/healthybodies/>

Local Organizations

- Compass Counseling Services-In-home behavioral therapy
 - Contact jenelle@compassva.com
- Transition Council
 - www.clochnerva.com
 - clochnerinva@gmail.com
- VCU Center for Family Involvement
 - <https://centerforfamilyinvolvement.vcu.edu/>
- Adaptive Camps and Recreation Activities through Charlottesville Parks and Recreation
 - Contact Sarah Blech, blechs@charlottesville.org or 434-970-3264
- Next Steps behavioral Centers
 - www.NextStepsBC.com
- Parent Educational Advocacy Training Center
 - Stephanie Hicks, Family Support Specialist
 - www.peatc.org